

Feldenkrais Los Alamos Scheduling Software Instructions: *I can always schedule your lessons for you.*

I suggest you pick a lesson under Schedule & Pay in Person so I can give you a discount on your first lesson. You can still schedule for multiple lessons and pay online later.

FYI: You will have the option to pay in person, via Pay Pal, or Pay now via Square

Here is the URL for the website: <https://feldlosalamos.com>

Here is the URL to go straight to the scheduler:

<https://app.squarespacescheduling.com/schedule.php?owner=23918817>

This is for scheduling a Feldenkrais ATM (classroom) or FI (one-on-one) lesson.

1st time – you will register later: click which lesson/time you want (just pick one, you will have the opportunity to pick another type of lesson later).

The screenshot shows the 'Choose Appointment' step of the scheduling process. The page title is 'Feldenkrais Los Alamos'. There are three tabs: 'Choose Appointment', 'Your Info', and 'Confirmation'. A 'Returning? Log in' link is visible in the top right. A dark banner at the top of the appointment list reads 'Schedule & Pay in Person or online ATM or FI lesson(s) - If ATM pick a class time'. The appointment list includes:

- Feldenkrais ATM (classroom) at 6:30 am on Fridays
1 hour @ \$15.00
Located at 1247 Central Ave. Suite F226 (enter from back - take stairs or elevator to 2nd floor (above Boomerang) in Los Alamos, NM
- Feldenkrais ATM (classroom) at 1:15 pm on Mondays
1 hour @ \$15.00
Located at 1247 Central Ave. Suite F226 - enter from back - take stairs or elevator to 2nd floor (above Boomerang) Los Alamos, NM
- Feldenkrais ATM (classroom) at 11:00 pm on 1st Monday of the Month & Monday Holidays
50 minutes @ \$12.50
Located at 1247 Central Ave. Suite F226 - enter from back - take stairs or elevator to 2nd floor (above Boomerang) Los Alamos, NM
- Feldenkrais FI (one-on-one lesson)
55 minutes @ \$100.00

In this example I clicked Feldenkrais ATM (classroom) at 6:30 am on Fridays. You will go to this screen.

The screenshot shows the date selection calendar. A dark banner at the top reads 'Schedule & Pay in Person or online ATM or FI lesson(s) - If ATM pick a class time'. The selected appointment is 'Feldenkrais ATM (classroom) at 6:30 am on Fridays' with a dropdown arrow. Below the appointment is a calendar for June 2022. The date 24 is highlighted in bold, indicating it is available. A tooltip for the 24th shows '6:30am' and '8 spots left'. A 'Continue >>' button is visible next to the tooltip. Other buttons include 'Add a Time...' and 'Recurring...'.

Available dates will be bold. Click the first date that you want to attend. A display comes up showing you the time and how many spots are left (max 10 spots). A box displays continue>>, Add a Time ..., and Recurring ...

Click continue if you only want that date

Click Add a Time is you want to add another date

Click Recurring if you want to add 3 or more dates

Schedule & Pay in Person or online ATM or FI lesson(s) - If ATM pick a class time

Feldenkrais ATM (classroom) at 6:30 am on Fridays

1 hour @ \$15.00

Located at 1247 Central Ave. Suite F226 (enter from back - take stairs or elevator to 2nd floor (above Boomerang) in Los Alamos, NM

< June 2022 > June 24, 2022 6:30am

Continue »

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

If you clicked continue, you will see this screen. If you made a mistake you can click the trash can and the lesson will not be scheduled. Click continue if you want it on the schedule.

6:30am Friday, June 24, 2022

REPEAT

Every Friday

TIMES TO REPEAT

4

Add Recurring Times [cancel](#)

Instead of recurring, add 6:30am June 24, 2022 and

Add a Time...

If you clicked Recurring, you will see this screen. First drop down is for every week, every other week, etc. The 2nd drop down is how many lessons do you want to sign up for. I suggest you limit it to 8 repeats – for you to see if you like the class and my teaching style. Then click ‘Add Recurring Times’.

Feldenkrais ATM (classroom) at 6:30 am on Fridays ▼
 1 hour @ \$15.00
 Located at 1247 Central Ave. Suite F226 (enter from back - take stairs or elevator to 2nd floor (above Boomerang) in Los Alamos, NM

< June 2022 >

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

June 24, 2022 6:30am

July 1, 2022 6:30am

July 8, 2022 6:30am

July 15, 2022 6:30am

[Continue »](#)

I clicked 4 recurring times. Check the dates listed and delete any dates that you know you will be on vacation or busy. Click ‘continue’. Note that dates that I am on vacation are unavailable for scheduling (they have a red line through the date).

Feldenkrais ATM (classroom) at 6:30 am on Fridays
 June 24, 2022 6:30am
 July 1, 2022 6:30am
 July 8, 2022 6:30am
 July 15, 2022 6:30am
[«Change](#)

Name *

Phone *

Email *

Schedule & Pay in Person or online ATM or FI lesson(s) - If ATM pick a class time

[Pay Now »](#)

[Pay with PayPal »](#)

OR

[Pay Later »](#)

Now you enter your name, phone, and email. If you enter a mobile phone number, you will receive a reminder for each lesson scheduled. You also receive an email with the option to add your lessons to your outlook (.ics) or google calendar.

Here is where you choose Pay Now (via Square), Pay with PayPal, or Pay Later (in person with cash, check to Feldenkrais Los Alamos, or Square).

You scheduled 4 appointments, use these links to manage your other appointments: ×

[6:30am June 24, 2022](#)
[6:30am July 1, 2022](#)
[6:30am July 8, 2022](#)
[6:30am July 15, 2022](#)

Joyce Hoffman

Feldenkrais ATM (classroom) at 6:30 am on Fridays

Friday, June 24, 2022

6:30am

JUDITH MAGELSEN \$15.00

Pay \$15.00

Cancel

Reschedule

Thank you for signing up for Feldenkrais ATM class on Friday morning at 6:30 am located at 1247 Central Ave. Suite F226 in Los Alamos (above Boomerang). Park in back and take stairs or elevator to 2nd floor. See you bright and early! Please wear comfortable clothes.

Add to iCal/Outlook

Add to Google

Log in as judymag@msn.com

Register for an Account

Save your information

Schedule another Appointment »

I clicked Pay Later. You can add your lessons to your calendar here or wait and do it from the email you receive. Optional (but recommended): you can 'Register for an Account'. If you register you can return to cancel / add lessons as you wish. This is also the place you can 'Schedule another Appointment' – if you scheduled ATMs (classroom) maybe you also want an FI (one-on-one lesson).

Register for an Account ×

Optionally register for an account with Acuity Scheduling (a Squarespace company) to save your information for faster booking later with Feldenkrais Los Alamos.

Username/Email *

Email

Password *

Confirm Password *

I agree to the [Terms of Service](#) and acknowledge that I understand the [Privacy Policy](#) *

Sign up [cancel](#)

Fill this screen out to register for an account.

You will receive an email with details of all the lessons you just scheduled.

You can logout.

Paying on-line is simple and the certificate is valid for one year from date of purchase.

Returning clients:

The screenshot shows a web interface for scheduling appointments. At the top, the title "Feldenkrais Los Alamos" is displayed. Below the title, there are three navigation tabs: "Choose Appointment", "Your Info", and "Confirmation". The "Choose Appointment" tab is currently selected. In the top right corner, there is a link that says "Returning? [Log in](#)". Below the navigation tabs, there is a dark button with white text that reads "Schedule & Pay in Person or online ATM or FI lesson(s) - If ATM pick a class time". Underneath this button, there are four separate boxes, each containing details for a different appointment option:

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55 minutes @ \$100.00

If you are returning to schedule new lessons / cancel lessons – click the ‘Log in’ in upper right hand corner and enter your email and password.

If you have problems with scheduling, please use the contact section on the website:

<https://feldlosalamos.com>